

# HANDS

**Art Concept:** Line, value, shape, and proportion, figure drawing, realism

**Grade:** 8 and up

**Materials:**

12"x18" white drawing paper

Pencil

Blending stump

Eraser

**Procedures:**

1. Study your hand. Notice the proportion between your fingers to your palm, the round line of your fingertips. Observe your nails, your knuckles, the lines on your palm. Notice the shading on your hands, and in between your fingers.
2. Place your hands in interesting, yet appropriate positions. Hands can be holding a pencil, in a fist, or saying something in sign language.
3. Draw the contour or outline of your hand from fingertips to your wrist. Hands should be life size. Block out shapes of your fingers and your hand. Remember, don't trace. Your fingers will not be all the same length. Your knuckles will not be in a straight line, but curved.
4. Draw a total of five (5) hands in various positions.
5. Shade, using your pencil and blending stump, showing a range of values. This will help bring out the roundness in your hands and fingers. There will be more shading between your fingers, and on the outside of fingers and palms.