

MANDALA

Materials:

- Sketchbook
- Compass
- Ruler
- Color pencils
- White drawing paper, or black construction paper
- Pencil

Steps:

1. Study different mandala designs. All mandala designs are circular, because the word “mandala” means “circle” in Sanskrit. Mandalas are used in many cultures and religions. Mandalas have been drawn, painted, or even made with sand. They may consist of shapes, colors and/or objects symbolizing who you are.
2. In your sketchbook, in pencil, make a large circle, taking up most of the paper. You can divide your circle into smaller circles or divide the circle into pie shapes, or just simply fill in your circle with shapes and/or pictures. Your design should be balanced, but does not have to be symmetrical. There should be little negative space.
3. Draw your final mandala on large white drawing paper, or black construction paper, starting with your circle in pencil. You may use a compass.
4. Add your shapes and design in pencil.
5. Fill in with color pencil. Vary shading techniques and value of the colors. If drawing on black paper, use white color pencil to vary values of colors to show depth. The whole mandala must be colored in.