

October 2019



Elementary Schools: David Wolfle, Hilder Pearson
Poulsbo, Richard Gordon, Suquamish & Vinland



Monday

Did You Know?

Columbus Day is celebrated the second Monday every October.

Tuesday

- 1**
- * Crispy Chicken Sandwich w/ Potato Chips
 - * Spicy Chicken Sandwich w/ Potato Chips
 - * PB&J Lunch
 - * Fruit Pocket Lunch

Fruit & Vegetable Bar

Wednesday

Brunch for Lunch

- 2**
- * Cinnamon Roll w/ Sausage Links
 - * PB&J Lunch
 - * Fruit Pocket Lunch

Fruit & Vegetable Bar

Thursday

- 3**
- * Soft Pretzel w/ Cheese Sauce
 - * Ham & Cheese Ripper
 - * PB&J Lunch
 - * Fruit Pocket Lunch

Fruit & Vegetable Bar

Friday

- 4**
- * Cheeseburger w/ Potato Chips
 - * PB&J Lunch
 - * Fruit Pocket Lunch

Fruit & Vegetable Bar
Rice Krispie Treat

Components:

- Fruit
- Bread/Grain
- Vegetables
- Milk
- Meat/Meat Alternative



Reimbursable Lunch:

Students must select 3 of the 5 components offered. One of the components must be 1/2 cup of fruit and/or vegetables.

Fruit & Vegetable Bar Available Daily

Our Fruit & Vegetable Bar choices feature a variety of selections including local fresh fruits & vegetables.

Reimbursable Breakfast:

Students must select 3 of the 4 items offered. One of the items must be 1/2 cup of fruit. Each entrée is considered 2 items.

Elementary Breakfast Menu Options-

Mon: Breakfast Burrito, Mini Muffin w/Cheese Stick or Yogurt

Tues: Blueberry Pancake & Sausage on a Stick, Bagel & Cream Cheese

Wed: Breakfast Pizza w/Potato Triangle, Mini Muffin w/Cheese Stick or Yogurt

Thurs: Breakfast Sandwich, Chocolate Chip BeneFIT Bar

Fri: WG Long John w/Frosting & Sausage Links, Mini Muffin w/Cheese Stick or Yogurt

Daily - Assorted Cereal w/ cheese stick

Daily - Fresh and pre-portioned fruit

Daily - Choice of a lowfat or nonfat white milk

We are **NOT** a Gluten/Allergy Free Facility

Elementary Breakfast:

Paid student \$2.00

Free and Reduced students Free

Adult \$2.75

Elementary Lunch:

Paid student \$3.25

Free and Reduced Students Free

Adult \$4.50

We reserve the right to make menu changes as needed.

"This institution is an equal opportunity provider."

7

- * Big Daddy's Cheese Pizza
- * Big Daddy's Pepperoni Pizza
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar

8

- * Super Nachos
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar

9

Brunch for Lunch

- * French Toast Sticks w/ Sausage Links & Stawberries
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar

10

- * Chicken Nuggets w/ a Fresh Baked Roll (WG)
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar

11

- * Deli Sandwich - Turkey or Ham
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar
Cookie

14

- * Big Daddy's Cheese Pizza
- * Big Daddy's Pepperoni Pizza
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar

15

- * Popcorn Chicken w/ a Fresh Baked Roll (WG)
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar

16

Brunch for Lunch

- * Cinnamon Roll w/ Sausage Links
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar

17

- * Teriyaki Chicken w/ Rice & a Fresh Baked Roll (WG)
- * Baked Cheese Sticks w/ Dipping Sauce
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar

18

- * All Beef Hot Dog w/ Fritos
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar
Frozen Juice Bar

21

- * Big Daddy's Cheese Pizza
- * Big Daddy's Pepperoni Pizza
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar

22

- * Chicken Nuggets w/ a Fresh Baked Roll (WG)
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar

23

Parent /Teacher Conferences

Grades K-5

NO SCHOOL

24

Parent /Teacher Conferences

Grades K-8

NO SCHOOL

25

Parent /Teacher Conferences

Grades K-12

NO SCHOOL

28

- * Big Daddy's Cheese Pizza
- * Big Daddy's Pepperoni Pizza
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar

29

- * Crispy Chicken Sandwich w/ Potato Chips
- * Spicy Chicken Sandwich w/ Potato Chips
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar

30

Brunch for Lunch

- * Cinnamon Roll w/ Sausage Links
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar

31

- * Soft Pretzel w/ Cheese Sauce
- * Ham & Cheese Ripper
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar

