

JANUARY 2020

NKSD Elementary Menu: Poulsbo, Richard Gordon, Suquamish and Vinland

David Wolfle, Hilder Pearson,

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW?

In the Southern Hemisphere, January is a summer month the equivalent of July.

Winter Break – No School

6

- * Big Daddy's Cheese Pizza
- * Big Daddy's Pepperoni Pizza
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar

7

- * Crispy Chicken Sandwich w/ Potato Chips
- * Spicy Chicken Sandwich w/ Potato Chips
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar

8

- Brunch for Lunch
- * Cinnamon Roll w/ Sausage Links
 - * PB&J Lunch
 - * Fruit Pocket Lunch

Fruit & Vegetable Bar

9

- * Soft Pretzel w/ Cheese Sauce
- * Ham & Cheese Ripper
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar

10

- * Cheeseburger w/ Potato Chips
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar
Rice Krispie Treat

13

- * Big Daddy's Cheese Pizza
- * Big Daddy's Pepperoni Pizza
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar

14

- * Super Nachos
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar

15

- Brunch for Lunch
- * French Toast Sticks w/ Sausage Links & Syrup
 - * PB&J Lunch
 - * Fruit Pocket Lunch

Fruit & Vegetable Bar

16

- * Chicken Nuggets w/ a Fresh Baked Roll (WG)
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar

17

- * Deli Sandwich – Turkey or Turkey Ham w/ Potato Chips
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar
Cookie

20



- * Big Daddy's Cheese Pizza
- * Big Daddy's Pepperoni Pizza
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar

21

- Brunch for Lunch
- * Cinnamon Roll w/ Sausage Links
 - * PB&J Lunch
 - * Fruit Pocket Lunch

Fruit & Vegetable Bar

23

- * Orange Chicken w/ Rice & a Fresh Baked Roll (WG)
- * Baked Cheese Sticks w/ Dipping Sauce
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar

24

- * All Beef Hot Dog w/ Fritos
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar
Frozen Juice Bar

27

- * Big Daddy's Cheese Pizza
- * Big Daddy's Pepperoni Pizza
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar

28

- * Chicken Nuggets w/ a Fresh Baked Roll (WG)
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar

29

- Brunch for Lunch
- * French Toast Sticks w/ Sausage Links & Syrup
 - * PB&J Lunch
 - * Fruit Pocket Lunch

Fruit & Vegetable Bar

30

- * French Bread Pizza w/ Strawberries
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar

31

No School
Grading / Professional Development Day

Components:

- Fruit
- Bread/Grain
- Vegetables
- Milk
- Meat/Meat Alternative



Reimbursable Lunch:

Students must select 3 of the 5 components offered. One of the components must be 1/2 cup of fruit and/or vegetables.

Fruit & Vegetable Bar Available Daily

Our Fruit & Vegetable Bar choices feature a variety of selections including local fresh fruits & vegetables.

Reimbursable Breakfast:

Students must select 3 of the 4 items offered. One of the items must be 1/2 cup of fruit. Each entrée is considered 2 items.

Elementary Breakfast Menu Options-

Mon: Breakfast Burrito, Mini Muffin w/Cheese Stick or Yogurt

Tues: Pancake & Sausage on a Stick, Bagel & Cream Cheese

Wed: Breakfast Pizza w/Potato Triangle, Mini Muffin w/Cheese Stick or Yogurt

Thurs: Breakfast Sandwich, Chocolate Chip BeneFIT Bar

Fri: WG Long John w/Frosting & Sausage Links, Mini Muffin w/Cheese Stick or Yogurt

Daily - Assorted Cereal w/ cheese stick

Daily - Fresh and pre-portioned fruit

Daily - Choice of a lowfat or nonfat white milk

We are **NOT** a Gluten/Allergy Free Facility

Elementary Breakfast:

Paid student \$2.00

Free and Reduced students Free

Adult \$2.75

Elementary Lunch:

Paid student \$3.25

Free and Reduced Students Free

Adult \$4.50

We reserve the right to make menu changes as needed.

"This institution is an equal opportunity provider."