

FEBRUARY 2020

NKSD Elementary Menu: David Wolfle,
Hilder Pearson, Poulsbo, Richard Gordon, Suquamish and Vinland



Monday

3

- * Big Daddy's Cheese Pizza
- * Big Daddy's Pepperoni Pizza
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar

Tuesday

4

- * Crispy Chicken Sandwich w/ Potato Chips
- * Spicy Chicken Sandwich w/ Potato Chips
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar

Wednesday

5

- Brunch for Lunch
- * Cinnamon Roll w/ Sausage Links
 - * PB&J Lunch
 - * Fruit Pocket Lunch

Fruit & Vegetable Bar

Thursday

6

- * Soft Pretzel w/ Cheese Sauce
- * Ham & Cheese Ripper
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar

Friday

7

- * Cheeseburger w/ Potato Chips
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar
Rice Krispie Treat

10

- * Big Daddy's Cheese Pizza
- * Big Daddy's Pepperoni Pizza
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar

11

- * Super Nachos
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar

12

- Brunch for Lunch
- * French Toast Sticks w/ Sausage Links & Syrup
 - * PB&J Lunch
 - * Fruit Pocket Lunch

Fruit & Vegetable Bar

13

- * Chicken Nuggets w/ a Fresh Baked Roll (WG) & Strawberries
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar

14

- * Deli Sandwich – Turkey or Turkey Ham w/ Potato Chips
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar
Cookie

President's Day



17

- * Big Daddy's Cheese Pizza
- * Big Daddy's Pepperoni Pizza
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar

19

- Brunch for Lunch
- * Cinnamon Roll w/ Sausage Links
 - * PB&J Lunch
 - * Fruit Pocket Lunch

Fruit & Vegetable Bar

20

- * Teriyaki Chicken w/ Rice & a Fresh Baked Roll (WG)
- * Baked Cheese Sticks w/ Dipping Sauce
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar

21

- * All Beef Hot Dog w/ Fritos
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar
Frozen Juice Bar

24

- * Big Daddy's Cheese Pizza
- * Big Daddy's Pepperoni Pizza
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar

25

- * Chicken Nuggets w/ a Fresh Baked Roll (WG)
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar

26

- Brunch for Lunch
- * French Toast Sticks w/ Sausage Links & Syrup
 - * PB&J Lunch
 - * Fruit Pocket Lunch

Fruit & Vegetable Bar

27

- * Pepperoni Ripper w/ Strawberries
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar

28

- * Fish Nuggets & Tater Tots w/ Tarter Sauce
- * PB&J Lunch
- * Fruit Pocket Lunch

Fruit & Vegetable Bar
Cookie

DID YOU KNOW?

Groundhog Day, celebrated on February 2, came about because of a German superstition. They thought if a hibernating animal cast a shadow on February 2nd that winter would last for another six weeks. If there was no shadow, spring would come early.

Components:

- Fruit
- Bread/Grain
- Vegetables
- Milk
- Meat/Meat Alternative

Reimbursable Lunch:

Students must select 3 of the 5 components offered. One of the components must be 1/2 cup of fruit and/or vegetables.

Fruit & Vegetable Bar Available Daily

Our Fruit & Vegetable Bar choices feature a variety of selections including local fresh fruits & vegetables.

Reimbursable Breakfast :

Students must select 3 of the 4 items offered. One of the items must be 1/2 cup of fruit. Each entrée is considered 2 items.

Elementary Breakfast Menu Options-

Mon: Breakfast Burrito, Mini Muffin w/Cheese Stick or Yogurt

Tues: Pancake & Sausage on a Stick, Bagel & Cream Cheese

Wed: Breakfast Pizza w/Potato Triangle, Mini Muffin w/Cheese Stick or Yogurt

Thurs: Breakfast Sandwich, Chocolate Chip BeneFIT Bar

Fri: WG Long John w/Frosting & Sausage Links, Mini Muffin w/Cheese Stick or Yogurt

Daily - Assorted Cereal w/ cheese stick

Daily - Fresh and pre-portioned fruit

Daily - Choice of a lowfat or nonfat white milk

We are **NOT** a Gluten/Allergy Free Facility

Elementary Breakfast :

Paid student \$2.00

Free and Reduced students Free

Adult \$2.75

Elementary Lunch:

Paid student \$3.25

Free and Reduced Students Free

Adult \$4.50

We reserve the right to make menu changes as needed.

"This institution is an equal opportunity provider."